

Restricted Space Working and Rescue Course

Code: YCSWR

Who should attend

Emergency Services personnel involved in specialist rope rescue applications for restricted space extrication.

Course/Programme Requirements

- Students must have successfully completed the Outreach Rope Rescue Operators Course, or equivalent, within the previous 2 years with verified maintenance of those skills.
- Be fit for full operational duties in accordance with FRS requirements for this role.
- Have received formal training in Health and Safety at Work, including manual handling.

The module will involve students undertaking potentially strenuous training.

Personal equipment should include appropriate all weather outdoor clothing, footwear and gloves. All specialist equipment required is provided with the exception of gloves suitable for rope rescue. Service uniform is not required.

Contact Outreach Rescue for further information including detailed course content, assessment process and progression notes.

All course nominations must be followed by a declaration of conformity with the above from their organisation.

Aim

To equip personnel with the knowledge and skills to be able to undertake technical rescues from within restricted spaces. It addresses access, extrication and casualty handling problems when working in this environment. The course does not address the operational and technical issues required for confined space working certification.

Outcomes

After successful completion of the course, the student will have a firm foundation of knowledge and skills and should be able to:

- Demonstrate an understanding of the hazards, risk assessment and legal issues relating to restricted space working and rescue.
- Apply basic knowledge of rescue PPE equipment as to its use, care and maintenance.
- Apply rescue systems in a variety of simulated rescue scenarios.
- Construct a variety of anchor and belay systems appropriate to restricted space working.

- Understand and be able to implement emergency recovery procedures.
- Work competently as part of a restricted space rescue team.
- Understand skills maintenance and development issues.

Delivery Method

By lectures, practical exercises and scenarios. A course manual is issued.

Assessment/Certification/Accreditation

Core course content is assessed by a combination of continuous, scenario based and written assessment to inform the student's development indicators. Results centrally recorded and entered in a personal Record of Performance.

Students will receive joint Fire Service College and Outreach Rescue certification upon successful completion of the course

Venue

Outreach, Llanllechid, Bangor, Gwynedd, LL57 3HY.

Duration:

Three days residential.

Programme times: Days One-Two 0900 – 1730
Day Three 0900 - 1600

Dates and Prices:

Contact the Fire Service College or Outreach Rescue by phone or log on to their Websites.

Course Leader: Outreach

Tel: 01248 601546

Email: enquiries@outreachrescue.com

www: outreachrescue.com

For Bookings/Further Information

Relationship Management Team

Tel: 01608 812984

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