

SWAH and First Response Rope Pack Trainer Course

Code: YFRRPT

Who should attend

Emergency Services personnel called upon to train others in SWAH and the use of first response rope packs.

Course/Programme Requirements

- Have an indicated aptitude for working at height.
- Have successfully completed an Outreach SWAH course (or equivalent) and a first response rope pack user's course within the previous two years with verified maintenance of those skills.

Health And Safety Requirements:

Owing to the nature of the training, students must:

- Be fit for full operational duties in accordance with FRS requirements for this role.
- Have received formal training in Health and Safety at Work, including manual handling.

The module will involve students undertaking potentially strenuous training.

Personal equipment should include appropriate all weather outdoor clothing and footwear. All specialist equipment required is provided with the exception of gloves suitable for rope rescue. Service uniform is not required.

Contact Outreach Rescue for further information including detailed course content, assessment process and progression notes.

All course nominations must be followed by a declaration of conformity with the above from their organisation.

Aim

To equip personnel with the knowledge and skills to train and assess others in SWAH techniques and the use of typical First Response Rope Packs.

Outcomes

After successful completion of the course, the student will have a firm foundation of knowledge and skills and should be able to:

- Select and use equipment; harnesses, connectors, lanyards, pre-rigged systems, lines, anchors etc.
- Understand theory of fall prevention, hierarchy of safety systems, and work at height regulations.
- Demonstrate maintenance, inspection and application of equipment for SWAH to include - work positioning, work restraint, fall arrest and first response actions.

- Plan and prepare appropriate training programmes and demonstrate the ability to deliver and assess training in a variety of locations and environments.
- Undertake risk assessments for delivering the above in a range of teaching environments.
- Apply basic knowledge of rescue PPE equipment as to its use, care and maintenance.
- Understand skills maintenance and development issues.

Delivery Method

By lectures, practical exercises and scenarios. A course manual is issued.

Assessment/Certification/Accreditation

Core course content is assessed by a combination of continuous, scenario based and written assessment to inform the student's development indicators. Results centrally recorded and entered in a personal Record of Performance.

Students will receive joint Fire Service College and Outreach Rescue Certification upon successful completion of the course. It is strongly recommended that a reassessment course is completed within 2 years of completion of this course (unless superseded by RR2 or RR1 instructor assessments) and that adequate skills maintenance training will have been undertaken in the interim period.

Venue

Outreach, Llanllechid, Bangor, Gwynedd, LL57 3HY.

Duration:

Five days residential.

Programme Times: Days One-Four 0900-1730
Day Five 0900-1600

Dates and Prices:

Contact the Fire Service College or Outreach Rescue by phone or log on to their Websites.

Course Leader: The Outreach Organisation

Tel: 01248 601546

Email: enquiries@outreachrescue.com

www: outreachrescue.com

For Bookings/Further Information

Relationship Management Team

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