

Safe Working at Height and Basic Rescue Procedures Course Code: YSWHBRP

Who should attend

Emergency Services personnel called upon to work safely at height.

Course/Programme Requirements

- Have an indicated aptitude for working at height.
- Be fit for full operational duties in accordance with FRS requirements for this role.
- Have received formal training in Health and Safety at Work, including manual handling.

The module will involve students undertaking potentially strenuous training.

Personal equipment should include appropriate all weather outdoor clothing and footwear. All specialist equipment required is provided with the exception of gloves suitable for rope rescue. Service uniform is not required.

Contact Outreach Rescue for further information including detailed course content, assessment process and progression notes.

Aim

To equip personnel with the knowledge and skills to operate safely when working at height.

Outcomes

After successful completion of the course, the student will have a firm foundation of knowledge and skills should be able to:

- Select and use equipment; harnesses, connectors, lanyards, pre-rigged systems, lines, anchors etc.
- Understand theory of fall prevention, hierarchy of safety systems, work at height regulations.
- Demonstrate maintenance and application of equipment for work positioning, work restraint and fall arrest.
- Apply the practical experience gained in a variety of situations and environments.
- Apply basic knowledge of rescue PPE equipment as to its use, care and maintenance.
- Understand skills maintenance and development issues.

Delivery Method

By lectures, practical exercises and scenarios. A course manual is issued.

Assessment/Certification/Accreditation

Core course content is assessed by a combination of continuous, scenario based and written assessment to inform the student's development indicators. Results centrally recorded and entered in a personal Record of Performance.

Students will receive joint Fire Service College and Outreach Rescue Certification upon successful completion of the course.

Venue

Outreach, Llanllechid, Bangor, Gwynedd, LL57 3HY.

Duration:

Three days residential.

Programme Times: Days One-Two 0900-1730
Day Three 0900-1600

Dates and Prices:

Contact the Fire Service College or Outreach Rescue by phone or log on to their Websites.

Course Leader: The Outreach Organisation

Tel: 01248 601546

Email: enquiries@outreachrescue.com

www: outreachrescue.com

For Bookings/Further Information

Relationship Management Team

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