

OUTREACH RESCUE PRE COURSE INFORMATION

OUTREACH COURSE: Flood Management

Dear Candidate,

In preparation for the above course at Outreach Rescue you will need to read the following information: -

- **Course Introduction**
- **Essential and Recommended Reading**
- **Course Information**
- **Diploma / Certificate in Specialist Rescue**
- **Equipment and Clothing**
- **Getting to Outreach**
- **Accommodation and Meet and Greet Times**

You must complete the following form and return to Outreach at the address below as soon as possible to reach us a minimum of **one week** prior to the course: -

- **Medical Form** (This also includes information on any dietary requirements.)

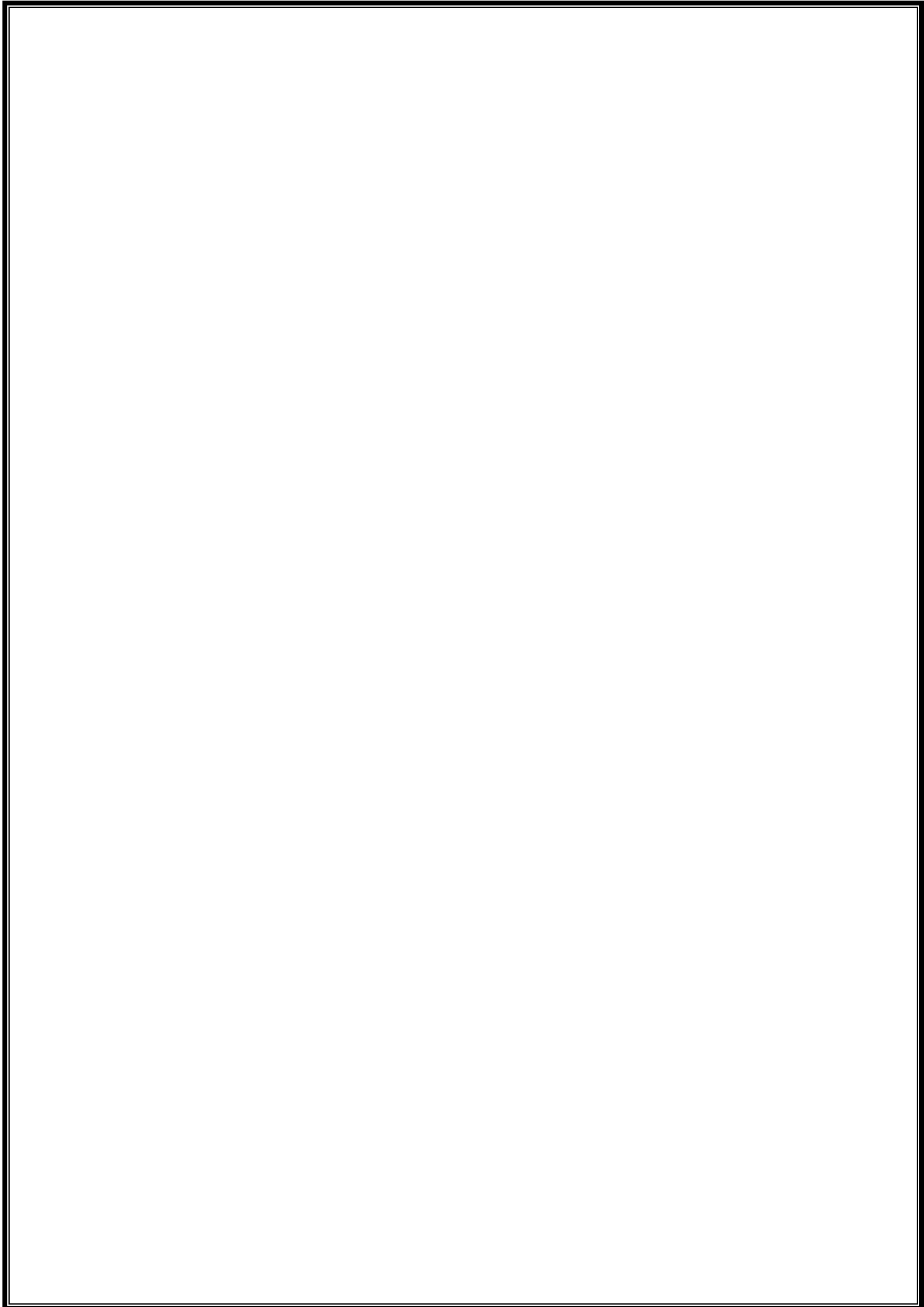
This document needs to be processed **before** you attend an Outreach course.

If you have difficulty returning the above document or have any questions please do not hesitate to contact us.

Thank you for your cooperation, we look forward to welcoming you to our centre soon.

Kind Regards

The Outreach Team



This document should be read in conjunction with the Fire Service College Course Data Sheet and the Training Progression Notes attached.

COURSE INTRODUCTION

Recent floods have shown that the UK is subject to major flooding events where the impact is immense, both in terms of scale and duration. There are a range of different agencies and organisations that will respond.

This course aims to provide students with a framework of underpinning knowledge to assist organisations to optimise their response capabilities, and to provide perspectives from a variety of responding agencies to enhance students' broad understanding of the major issues including organisation and resourcing.

A number of speakers from different organisation involved with flood incidents will present and this will expose you to the wider issues associated with flooding including the nature and types of flooding, the different phases of flood and their duration.

ESSENTIAL READING

The following documents are considered as **essential reading** for successful completion of the course:

Outreach Flood Management Course Manual and notes
(These will be provided on the course.)

RECOMENDED READING

We would encourage you to constantly broaden your understanding so that you can appreciate the range of operational issues you might encounter. A number of articles are available to read and we would encourage reading as widely as you can.

Technical Rescue Magazine

(www.t-rescue.com/cgi-bin/hotlinks/morelinks.cgi?category=38&page=1)

Crisis Response Journal

UK Floods: resilience issues(Emily Hough)

([www.crisisresponsejournal.com/images/edownloads/014-015%20crj3%204%20floods_intro%20\(2\).pdf](http://www.crisisresponsejournal.com/images/edownloads/014-015%20crj3%204%20floods_intro%20(2).pdf))

Summer Flood - Chief Fire Officer Paul Hayden

(www.crisisresponsejournal.com/images/edownloads/016-018%20crj3%204%20Hayden.pdf)

Civil Contingencies Act

CCA 2004 guide from UK Resilience includes link to the act.

Emergency Response and Recovery

Non-statutory guidance to complement *Emergency Preparedness*

UK Resilience Weather & Flood Guidance

Non-statutory guidance to complement *Emergency Preparedness*

(www.ukresilience.info/emergencies/weatherandflooding.aspx)

Fire and Rescue National Framework 2006-08

Chapter 4 – Resilience

(www.communities.gov.uk/publications/fire/fire3)

Making Space for Water

A new Government strategy for flood and coastal erosion risk management in England

(www.defra.gov.uk/envirom/fcd/policy/strategy.htm)

The Pitt Review

Hilary Benn announced that Government would be conducting their own lessons learned review on 12th July, and on 8th August 2007. Sir Michael Pitt was announced as independent chair to lead the review. The review was set up to examine both how to reduce the risk and impact of floods, and the emergency response to the floods in June and July.

On the 19th Dec 2008 Hilary Benn delivered the Governments response to Sir Michael Pitts review.

www.cabinetoffice.gov.uk/thepittreview
<http://www.defra.gov.uk/environ/fcd/floods07.htm>

Environment Agency Summer Floods 2007

EA reviews of the summer 2007 floods – this is a top level linked page
(www.environment-agency.gov.uk/subjects/flood/1867303/?version=1&lang=e)

Facing the Challenge (Sir Ken Knight Mar 2008)

The Chief Fire and Rescue Adviser's review of the operational response by the Fire and Rescue Service to the widespread flooding in England during 2007.

Scottish Environment Protection Agency

SEPA flooding information website
(www.sepa.org.uk/flooding/)

Scottish Parliament

Scoping Study into the Cost of Flooding Using the August 2004 Event as a Case Study Final Report
(www.scotland.gov.uk/Publications/2005/05/17151735/18126)

YOUR OWN ORGANISATIONS DOCUMENTS

You should review your organisation's documents that relate to working at height and rope rescue. Documents you may encounter include:

- Risk Assessments (generic, site or task specific)
- Safe Systems of Work or Method Statements
- Internal training guides or handbooks for working at height
- Standard Operating Procedures
- Major flood incident response plan

DIPLOMA / CERTIFICATE IN SPECIALIST RESCUE

There are options for utilising successful completion of this course to register it towards a Coventry University Diploma / Certificate in Specialist Rescue or contribution towards other higher education awards. Further information will be provided at commencement of the course. However for a full module descriptor in advance, go to www.coventry.ac.uk - CU Portal – Module Information Directory – Business, Environment and Society – Geography, Environmental Science and Disaster Management – Get Modules. Then click on 226GED for full diploma module information or 227GED for 10 credit-modules – View Module Information

EQUIPMENT AND CLOTHING

This course is mainly classroom based and there is no requirement for any specialist clothing or equipment. However, you will participate in an outdoor practical exercise and as the weather in North Wales can be wet, windy and cold when outside, please bring waterproof clothing with you.

There is no requirement to bring fire kit with you.

There is limited PC availability but access to a laptop would help you complete the course assignments - wireless internet access is available in the main teaching areas.

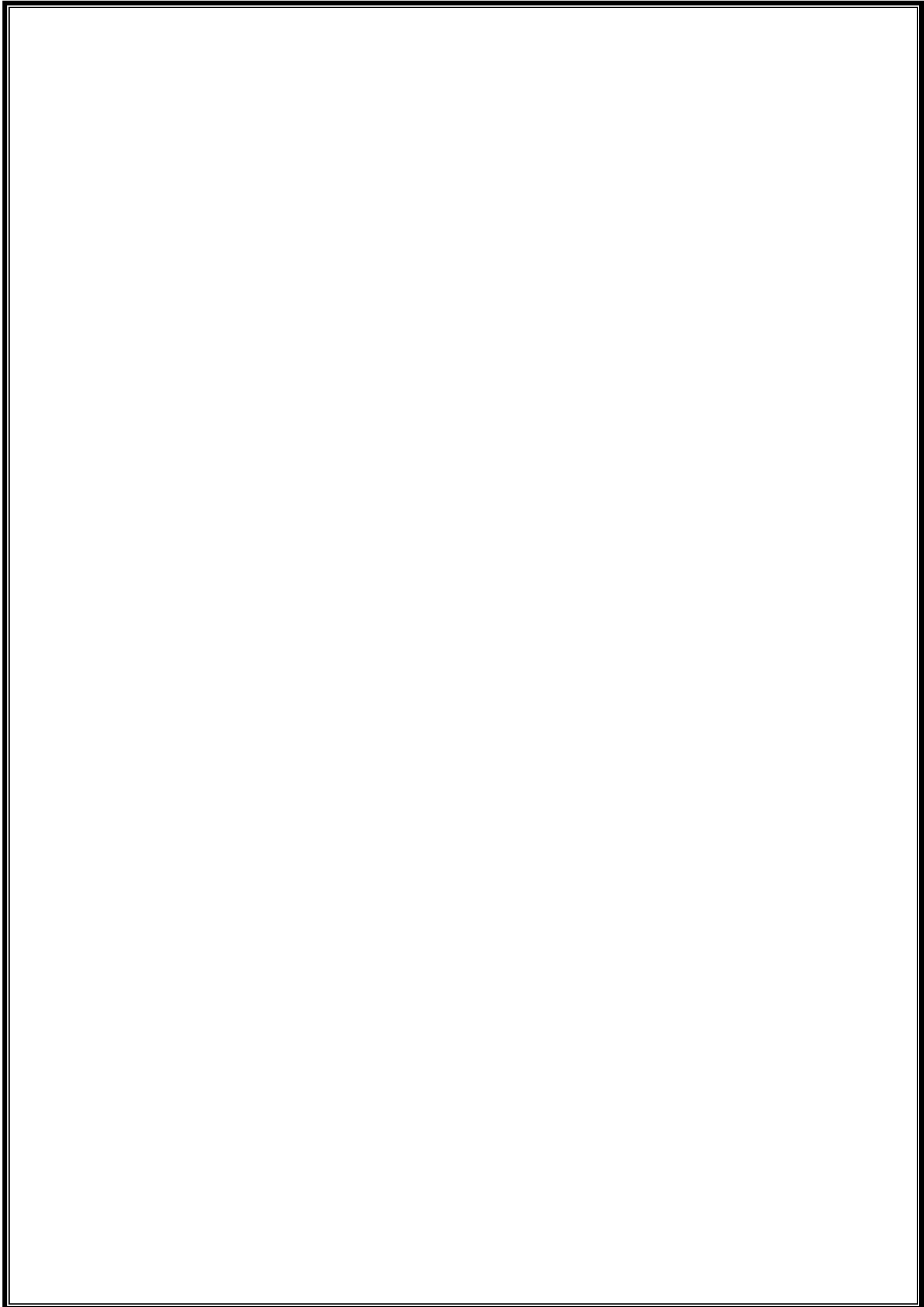
GETTING TO OUTREACH

You can download directions and a map of how to get to Outreach from our website (www.outreachrescue.com). If you are using GPS navigation systems to get to Outreach via the A55 North Wales Coast road, then it is best to go via Junction 11 on the A55. In the past GPS navigation systems have taken people via the shortest route and this means they are taken along very narrow single track roads.

ACCOMODATION - MEET AND GREET TIMES

Accommodation has been reserved for you on the Sunday evening prior to your course commencement – please arrive between **7pm and 10pm**.

Please note no evening meal will be provided on Sunday night; however a cheese board, biscuits and hot drinks will be available. Catering will begin with breakfast on Monday morning.



Outreach Course Participant Agreement and Medical Form

OUTREACH courses will generally involve participants in outdoor, as well as indoor activities. These activities may include some lifting, balancing, climbing, walking, swimming and other forms of physical activity. The degree of physical input in any activity is ultimately determined by the participant.

Please read and complete the information following and overleaf

I confirm that I am fully fit for operational duties in accordance with my service requirements for this role.

I understand the description I have received regarding the Outreach course I am attending.

I agree to follow Outreach guidelines, safety briefs and general requirements.

I agree to hold Outreach blameless from any and all liabilities that may arise from participation in the activities where such guidelines and requirements are not followed.

I will monitor my level of participation accordingly and report any changes immediately to Outreach staff.

I will take all reasonable precautions to ensure my own health and safety and that of others both during supervised activity and private time whilst on my Outreach course and on Outreach property.

I will not use alcohol or any other substance in any way or time during my course such that it might affect my decision making or participation.

I will inform Outreach instructors during the initial course briefing if any of the details submitted change prior to attendance.

(Outreach reserve the right to exclude any individual from training, at any stage, if they have concerns regarding their health and / or fitness.)

The information below and overleaf forms part of this agreement.

The medical information provided will be treated in confidence and used only to ensure the safety and welfare of participants or to assist medical personnel make a diagnosis or give treatment in the event of an emergency arising during the period of the course.

In signing below I accept all conditions as above and confirm the accuracy of the information that follows.

Participant's Signature:

Date:

Name of course attending and dates:

PLEASE ANSWER ALL SECTIONS:

Full Name:

Current Home Address:

Postcode:

Telephone Numbers:

Home:

Work:

Mobile:

E-mail:

Date of Birth:

Height:

Weight:

Male / Female

Date of Last Medical:

Name & Address of Doctor:

Postcode:

Name & Address of the Person to be Contacted in an Emergency:

Postcode:

Telephone Number of Above:

Have you been given specific medical advice to follow in emergencies?

YES / NO

If YES Please Give Details (use an additional sheet if required for any of the questions below)

Have You Been or Are Currently Affected by Any of the Following?

Dyslexia

YES / NO

Coronary Problems

YES / NO

Asthma / Bronchitis

YES / NO

Fits, Fainting. Blackouts

YES / NO

Back / Neck problems

YES / NO

Giddiness / difficulty with balance

YES / NO

Knee / Joint Problems

YES / NO

High Blood Pressure

YES / NO

Severe Headaches

YES / NO

Psychiatric illness

YES / NO

Uncorrected visual impairment

YES / NO

Diabetes

YES / NO

If you have answered YES to any of these sections please give details of condition, date of last occurrence if applicable & current restrictions imposed:

Have you been vaccinated against Tetanus in the last 5 years?

YES / NO

Have You Had Any Recent Surgery Or Injury?

YES / NO

If YES Please Give Details (type, date, restrictions)

Do You Have Any Condition(s) or Old Injuries Affecting Participation?

YES / NO

If YES Please Give Details (type, date, restrictions)

Do You Have Any Conditions Requiring Prescribed Drugs or Medications?

YES / NO

If YES Please Give Details (condition, name of drugs, dosage)

Are you bringing the Above Named Drugs/Medications with you?

YES / NO

Do You Have Any Allergies (drugs / bee stings etc)?

YES / NO

If YES Please Give Details:

Do You Have Any Special Dietary Needs?

YES / NO

If YES Please Give Details:

Can You Swim?

YES / NO

If YES, More Or Less Than 25m?

MORE / LESS

FOR WOMEN ONLY: Are You Pregnant?

YES / NO

