

# RESCUE CRAFT PADDLING

## Who should attend?

Emergency Services and other responders using sleds and rafts for rescue.

## Course/Programme Requirements

- Owing to the nature of the training, students must be fit for full operational duties in accordance with their organisation's requirement.
- Where courses are run at Outreach, personal should bring all-weather outdoor clothing and footwear. All PPE and equipment is provided.
- To attend the course, students must have previously completed DEFRA Module 3.

## Aim

To develop knowledge and skills to enable rescuers to operate sleds and rafts in Grade 2 water.

## Outcomes

On successful completion of the course, the student will be able to

- Judge optimal position in relation to edge and trim
- Perform a variety of strokes
- Carry out capsize drills on sleds and rafts with one or more crew and casualties
- Descend breakout and cross current

## Delivery Method

Training is delivered by a range of practical sessions in increasingly challenging conditions.

## Assessment/Certification/Accreditation

Skills and knowledge are assessed by continuous assessment throughout the course. Results centrally recorded.

Students will receive Outreach Rescue Certification upon successful completion of the course.

## Venue

Outreach, Llanllechid, Bangor, Gwynedd, LL57 3HY.

**Duration:** Two days

Programme Times: Days One & Two 0900–1700

## Dates and Prices:

Contact Outreach Rescue by phone or log on to our Website.

## For Bookings/Further Information

**Course Leader:** The Outreach Organisation

**Tel:** 01248 601546

**Email:** [enquiries@outreachrescue.com](mailto:enquiries@outreachrescue.com)

[www.outreachrescue.com](http://www.outreachrescue.com)