

Working in High Risk Confined Spaces

City & Guilds Level 2 Award 6160-03

Who Should Attend:

This course is for personnel with no existing confined space knowledge who are required to work in a high risk confined space environment, OR those needing to recertify as a High Risk entrant.

Pre-Requisites or APL:

- ✧ Stand-alone course with no prerequisites

Requirements:

- ✧ Aptitude for working in confined spaces
- ✧ Fit for operational duties
- ✧ Physical fitness for potentially strenuous training
- ✧ Clean shaven each morning of training

Aim:

The aim of this unit is to reflect the national occupational standard for a high risk confined space environment. This unit covers both the water and non-water industry areas.

Outcomes:

On successful completion of the course, the student will have demonstrated their competence, knowledge and skills enabling them to meet the City & Guilds requirements to:

- ✧ Prepare to work safely in low/medium/high risk confined spaces (i.e. NC1-4 & X classifications)
- ✧ Enter and exit confined spaces safely
- ✧ Use equipment and tools safely
- ✧ Follow working procedures and work safely
- ✧ Deal with emergencies
- ✧ Understand the principles of working in confined spaces
- ✧ Understand standard protocols for working in confined spaces

Additionally, Outreach Rescue ensures the following subjects are covered on this course:

- ✧ Identification of Confined Spaces
- ✧ Atmospheric monitoring
- ✧ Legislative requirements
- ✧ Emergency breathing apparatus
- ✧ Self-contained breathing apparatus
- ✧ Vertical entry equipment (winches, tripod, harness use, fall arrest devices)
- ✧ Ventilation
- ✧ Rescue plans

Compliance:

- ✧ Confined Space Regulations 1997
- ✧ National Occupational Standards for Working in Confined Spaces – EUSCS03

Duration:

3 days with 24 hours contact time

Ratios:

Trainers 1:6 Students (assistant trainer joins for scenario based exercises where necessary)

High Risk Confined Space 05072022

Delivery Method:

Lectures, classroom work, practical sessions, scenarios.

Equipment:

Specialist equipment and PPE is included. You can provide your own PPE provided it is serviceable and subject to inspection by our trainers.

You are expected to bring the following:

Overalls, Safety boots (non-slip, toe capped), Gloves (can be provided), Comfortable and suitably warm & weatherproof clothing.

Assessment:

Course content is assessed by a combination of direct observations of set tasks, question and answer, a short answer externally set exam and scenario based assessment. Individual feedback is provided.

Certification:

This course can be certified by City & Guilds or by Outreach Rescue upon meeting the assessment criteria. For City & Guilds certification, there is an additional fee of £45, and printed certificates are provided. There is no additional fee for digital Outreach Certification, and results are recorded on the Outreach Rescue Database.

Certification is valid for 3 years.

Progression:

Recertification is recommended every 2 years.

This course is a prerequisite for the following City & Guilds awards (and for non C&G Outreach Rescue equivalent awards):

- ✧ 6160-04 High Risk Entry Controller
- ✧ 6160-05 Supervising Teams
- ✧ 6160-08 Member of Rescue and Recovery Team
- ✧ 6160-07 Director of Rescue and Recovery Team

Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

Further Information & Booking:

Current open course dates are available on www.outreachrescue.com

Please contact us to book or to enquire about bespoke courses or additional dates:

01248 601546

enquiries@outreachrescue.com