

Water Annex H

Who Should Attend:

Workers and volunteers involved in working in or near water in a non-rescue capability. This course involves physical in-water training.

Pre-Requisites or APL:

- ✦ Stand-alone module with no pre-requisites

Requirements:

- ✦ Fit for operational duties

Aim:

To enable people to work safely near water

Outcomes:

After successful completion of the course, the student will have a foundation of knowledge and some basic skills and will be able to:

- ✦ Understand organisational policies and Flood Rescue Concept of Operations
- ✦ Apply a working knowledge of water hydrology and associated hazards
- ✦ Demonstrate self-rescue from moving water
- ✦ Demonstrate techniques for movement in shallow water
- ✦ Understand relevant rescue techniques
- ✦ Have an appreciation of the physiology of drowning
- ✦ Understanding of the limitations of non-water rescue PPE in various water environments
- ✦ Identify and use appropriate PPE
- ✦ Have knowledge of the prioritized approach to rescue attempts
- ✦ Demonstrate the use of throw bags
- ✦ Explain additional hazards and difficulties, such as working in darkness, applying suitable control measures
- ✦ Awareness of Floods; hazards and limitations

Compliance:

- ✦ DEFRA Module 1

Duration:

1 day with 8 hours of contact time

Ratios:

Trainers 2:12 Students

Delivery Method:

Lectures, classroom work, practical sessions, and scenario-based training. A course manual is issued.

Equipment:

Any specialist equipment is provided. You can provide your own PPE provided it is serviceable subject to inspection by our trainers.

Assessment:

Course content is assessed by a combination of direct observations of set tasks, question and answer, written/multi-choice exams, and scenario-based assessment. Individual feedback is provided.

Certification:

Students will receive a digital Outreach Rescue certificate of achievement upon meeting the assessment criteria. Results are recorded on a personal record of performance and recorded on the Outreach Rescue Database. Certification is valid for 3 years.

Progression:

Refresher training is recommended, with 2 hours of training per calendar year and recertification every 3 years.

Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY
Please contact us to discuss the possibility of delivering this course at your premises.

Further Information &

Booking:

Current open course dates are available on www.outreachrescue.com

Please contact us to book or to enquire about bespoke courses or additional dates:

01248 601546

enquiries@outreachrescue.com