OUTREACH
RESCUE



BARIATRIC RESCUE

Goal:

To equip delegates with the knowledge and skillsets to plan and conduct the safe extraction of bariatric patients from a range of situations.

Target group:

Emergency Services personnel and others who move bariatric patients

Highlights:

- Specialist training for handling bariatric rescue challenges.
- Emphasis on patient dignity and rescuer safety.
- Scenario-based learning to enhance practical competence.

Description

With increasing numbers of difficult rescues year on year, and the ever-present risks of injuries to rescuers, this course covers best practice in the movement of heavy casualties to minimise risks to rescuers and improve casualty care. This short but comprehensive course equips delegates with the knowledge to identify patients requiring additional care, how to best care for such patients including input on the physiology and associated medical risks present, planning multi-agency responses, comprehensive journey planning and structural considerations. Numerous drills focus on the practical skills of rescuing heavy patients from a variety of common locations, including from small spaces such as a toilet cubicle, from a bath, from a bed, out of a vehicle and then on the movement of such patients through typical households. Delegate will finish the course with a greater knowledge of how to ensure their own safety, and to provide better patient care throughout rescue operations.

Complex Casualties - Bariatric Rescue

Course length

16 hours (2 days)

Instructor

2:8

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Compliance:

LOLER, PUWER, NFCC NOG's

Previous knowledge:

Manual handling training

Requirements:

Age 18+. Delegates must be fit for this physically demanding course

Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course.

Theoretical elements:

- This course involves classroom sessions on the physiology of morbidly obese patients, casualty handling considerations, multi agency working & planning, structural considerations, crew welfare and legal requirements involved in Bariatric rescue.

Practical elements:

- Practical elements of this course include the introduction and use of specialist and generic equipment including lifting equipment and lifting slings and stretchers, anchor creation and use in residential settings, patient movement both in raising and horizontally and casualty care during movement.
- These skillsets are put to use in a number of drills designed to cover a broad breadth of applicable techniques and situations, which may include rescues from the bath, a toilet cubicle, from having fallen in a hole/ditch, from a vehicle (car/hgv), out of a window, up and down stairways plus more.
- Toe-capped boots are a requirement.
- All specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.