OUTREACH RESCUE



OUT OF HOSPITAL ADULT IMMEDIATE LIFE SUPPORT (OOHILS)

Goal:

To enhance the clinical performance and confidence of learners responding to adult medical emergencies in prehospital and out of hospital environments.

Target group:

Emergency care providers, ambulance support workers, associate ambulance practitioners, registered healthcare professionals, and those in specialist military or emergency service roles.

Highlights:

- Mapped to Core Skills Training Framework Levels 1–3 for Adult Immediate Life Support.
- Develops critical skills in airway management, patient assessment, and cardiac arrest response.
- Focused on prehospital environments with relevance to emergency services, military, and clinical responders.

Qualsafe Out of Hospital Adult Immediate Life Support, Level 4

Course length

8 hours (1 day)

Instructor

1:6

Period of validity

1 year

Certification

Successful learners receive a Qualsafe Level 4 Award in Out of Hospital Adult Immediate Life Support (RQF) certificate valid for 1 year.

Venue

Llanllechid, Gwynedd, North Wales, or Raglan, Monmouthshire, South Wales. Pre-approved client venues equipped to deliver high-fidelity simulation and clinical skill assessment.

Description

OOHILS is a regulated and nationally recognised qualification is designed to optimise the response of healthcare professionals and emergency responders to adult medical emergencies outside of hospital settings. Over one day, learners will enhance their clinical decision-making, teamwork, and practical skills in patient assessment, airway management, resuscitation, and post-arrest care. Based on current Resuscitation Council UK and JRCALC guidelines, the course ensures learners meet the CSTF Levels 1–3 for Adult Immediate Life Support

Compliance:

Complies with Resuscitation Council UK and JRCALC guidelines; regulated by Ofqual and aligned with Skills for Health CSTF Adult ILS levels

Previous knowledge:

Learners must hold a Qualsafe Level 4 Certificate in First Response Emergency Care (FREC 4) or higher (e.g. Paramedic, Nurse, Allied Health Professional).

Requirements:

Minimum age 18. Learners must be clinically trained and capable of performing practical assessments including airway management and resuscitation without assistance.

Progression:

Supports development towards advanced qualifications such as Level 5 Diploma in First Response Emergency and Urgent Care (FREUC 5) or further prehospital care training.

Theoretical elements:

– Pathophysiology of cardiac arrest and causes
– Clinical decision-making and resuscitation modifications
– Recognition and management of major illness (e.g. sepsis, MI, pneumothorax)

Practical elements:

– Patient assessment and structured scene management
– Advanced airway management using supraglottic devices
– Adult immediate life support and post-ROSC care