

FIRST RESPONSE EMERGENCY CARE, LEVEL 3 (FREC 3) RECERTIFICATION

Goal:

Maintain competence in the assessment and management of patients in prehospital emergency care settings. Learners refresh clinical knowledge, update practical skills and demonstrate continued capability to operate within the scope of practice for a FREC 3 responder.

Target group:

This course is intended for individuals who currently hold a valid FREC 3 qualification and are required to renew their certification. It is suitable for event medical staff, security personnel, close protection operatives and responders working in environments where a Level 3 prehospital care qualification is required.

Highlights:

- Renews a nationally recognised Level 3 prehospital emergency care qualification.
- Refreshes essential trauma, medical emergency and resuscitation skills.
- Supports ongoing competence for responders working in regulated environments.

Description

The Qualsafe Level 3 Award in First Response Emergency Care (FREC 3) Recertification is a three-day requalification course for individuals who currently hold a valid FREC 3 certificate and need to renew their qualification before expiry.

The course refreshes essential prehospital emergency care knowledge and practical skills required of a Level 3 First Response Emergency Care provider. Learners revisit key areas including patient assessment, airway management, trauma care, medical emergencies and resuscitation, ensuring their practice remains aligned with current UK prehospital care standards.

Training includes both theoretical and practical assessments to confirm continued competence in emergency response and patient care. Successful completion renews the FREC 3 qualification for a further three years, enabling responders to continue operating in clinically governed prehospital care environments such as event medical teams, security roles and emergency response settings.

Compliance:

Aligned with UK prehospital care practice and developed in accordance with guidance from the Resuscitation Council (UK) and the Faculty of Pre-Hospital Care, Royal College of Surgeons of Edinburgh.

Previous knowledge:

Learners must hold a valid Qualsafe Level 3 Award in First Response Emergency Care (FREC 3) certificate that is approaching its expiry date.

Requirements:

Learners must be at least 17 years old and able to participate in practical training activities and scenario-based exercises.

Progression:

Learners may progress to higher-level prehospital care qualifications such as the Qualsafe Level 4 Certificate in First Response Emergency Care (FREC 4) or continue professional development within emergency response and clinical support roles.

Theoretical elements:

- Roles and responsibilities of a FREC 3 responder
- Scene safety and dynamic risk assessment
- Patient assessment and clinical decision-making
- Medical emergencies and recognition of life-threatening conditions
- Trauma principles and mechanism of injury
- Environmental emergencies and medical incidents

Qualsafe First

Response Emergency Care, Level 3 Re- qualification (RQF)

Course length

21 hours (3 days)

Instructor

1:6

Period of validity

3 years

Certification

Qualsafe Level 3 Award in First Response Emergency Care (RQF) Recertification. Recorded within the Qualsafe Awards database.

Venue

Llanllechid, Bangor, Gwynedd, North Wales, or Raglan, Monmouthshire, South Wales, or other approved locations.



Practical elements:

- Primary patient assessment using a structured approach
- Airway management and ventilation techniques
- Adult, child and infant basic life support and AED use
- Management of life-threatening bleeding and trauma care
- Patient handling, packaging and moving techniques
- Scenario-based emergency response exercises