

# GWO ENHANCED FIRST AID (EFA)

## Goal:

To enable participants to provide safe, effective and immediate enhanced first aid, stabilise casualties, and support ongoing casualty care until professional medical assistance or rescue teams arrive.

## Target group:

Personnel working in the wind industry, offshore environments, remote locations or other high-risk workplaces who may be designated to provide enhanced first aid support during emergencies.

## Highlights:

- GWO-approved training aligned with the latest Enhanced First Aid Standard.
- Extensive practical scenarios focused on remote and high-risk working environments.
- Develops competence in advanced casualty care, emergency equipment use and medical teleconsultation.

## Description

The GWO Enhanced First Aid (EFA) course is designed for personnel working in the wind industry and other remote or high-risk environments who may be required to provide advanced first aid support before professional rescue teams arrive.

Participants will learn how to assess, stabilise and manage casualties using a structured primary and secondary survey approach. The course covers catastrophic bleeding control, airway management, CPR and AED use, injury and illness assessment, pain management, emergency response procedures and the use of medical teleconsultation.

Through a combination of theory, practical exercises and realistic scenario-based training, delegates develop the skills required to provide safe, effective and immediate enhanced first aid interventions while managing incidents in challenging environments.

## Compliance:

This course is delivered in accordance with the Global Wind Organisation (GWO) Enhanced First Aid Standard V6 and the current GWO Requirements for Training. Training content reflects recognised first aid principles, emergency response procedures, and industry best practice for remote and high-risk working environments.

## Previous knowledge:

A valid GWO First Aid (FA) certificate is recommended but not essential. Participants would ideally have a basic understanding of first aid principles and emergency response procedures.

## Requirements:

Participants should be at least 18 years of age, medically fit to participate in practical training activities, and able to understand and communicate in the language of instruction. Delegates must be capable of undertaking practical first aid exercises, including CPR and casualty handling activities, and should attend with suitable clothing, appropriate footwear, and valid photographic identification.

## Progression:

Successful completion of this course enables delegates to maintain competence through the GWO Enhanced First Aid Refresher (EFA-R) course and provides a foundation for further rescue, emergency response, and advanced casualty care training relevant to the wind energy, industrial, and emergency services sectors.

## Theoretical elements:

- Risks, hazards and legislation relating to remote and high-risk environments
- Human anatomy, physiology and casualty assessment
- Incident management and emergency response procedures
- Emergency rescue coordination and medical teleconsultation
- Primary and secondary survey methodology
- Pain management and casualty care considerations

## Practical elements:



### Enhanced First Aid Initial Training (EFA)



### Course length

21 hours (3 days)



### Instructor

1:6



### Period of validity

2 years

### Certification

Upon successful completion, participants receive a GWO Enhanced First Aid (EFA) certificate recorded within WINDA. Participants are also eligible to receive the GWO First Aid (FA) certificate.



### Venue

Lower Ty Newydd, Clytha, Raglan, Monmouthshire Wales, NP15 2BQ



- Catastrophic bleeding control using pressure dressings, tourniquets and haemostatic agents
- Airway management techniques and airway adjunct use
- Cardiopulmonary resuscitation (CPR) and AED operation
- Casualty assessment using the A-B-C-D-E approach
- Oxygen therapy and advanced first aid equipment familiarisation
- Realistic scenario-based enhanced first aid exercises