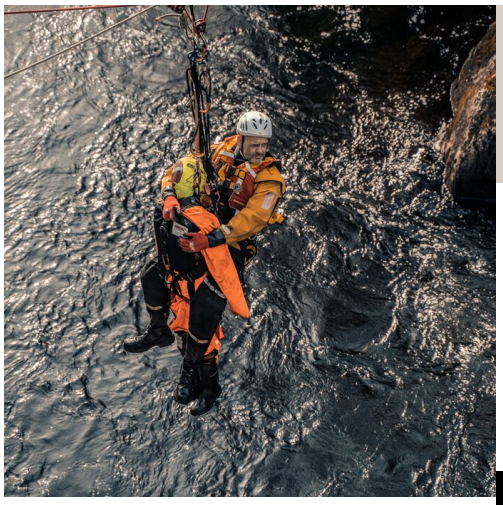
OUTREACH RESCUE



WATER & FLOOD COMPLEX ACCESS RESCUE TECHNICIAN

Goal:

To equip emergency responders with advanced skills in water rescue, including rope systems, complex access, and technique limitations to enhance their effectiveness and safety in challenging rescue scenarios.

Target group:

Personnel who may need to execute complex water rescues beyond the scope of the Water Rescue Technician

Highlights:

- Advanced skills combining in-water and rope rescue skills for complex access incidents.
- Training covers high-angle rope-over-water rescue techniques.
- Accredited with Coventry University as credits towards the Diploma in Specialist Rescue.

Rope Over Water Rescue

Course length

40 hours (5 days)

Instructor

1:6

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Description

This physically demanding 5-day course is designed for those who may need to execute more complex rescues from water for which the standard Water Rescue skillsets of a Water Rescue Technician would not be effective. Such situations may involve difficult access, such as steep-sided waterways such as canyons and deep canal lochs, inaccessible banks or hydrology not compatible with ‘in’ or ‘on’ water rescue techniques. The course combines key skillsets of water rescue, such as in-water PPE, releasability, hydrology, rescue craft and water safety protocols, with skills taken from rope rescue, including rope equipment and PPE, cableways, tensioned lines, reeve systems and stretchers. The outcome is that delegates learn a variety of approaches to complex rescues from water, learning the limitations of the equipment and techniques, and how the environment will dictate what is suitable. The course is predominantly practical, with an emphasis on scenario-based training.

Compliance:

BS 8454, Work at Height Regs
Builds on the skillsets of the DEFRA FRCO 2025 Mod 3 holder

Previous knowledge:

In-date DEFRA Mod 3 compliant award AND Rope Rescue Operator award or equivalent

Requirements:

Age 18+. Delegates must be fit for this physically demanding course requiring the ability to demonstrate all Water Rescue Technician (Mod 3) skillsets as well as Rope Operator skillsets.

Progression:

Recertification is recommended every 2 years by means of the 3 day recertification course. Completion of this course at Outreach Rescue satisfies Module ‘Specialist Rescue 2' (5085EXQ)’ for the Diploma in Specialist Rescue and is worth 30 credits.

Theoretical elements:

- This is a predominantly practical course focused on scenario-based learning.
- Some basic legislative requirements are covered in classroom sessions.
- A course manual is issued.

Practical elements:

- Practical sessions will be conducted across a multitude of venues each offering new and challenging rescue scenarios requiring different advanced skillsets.
- Sessions will include equipment familiarisation, rope rescue skillsets, releasability in systems near water, task management, cableways, tethered craft, stretcher attachments, lowers and raises.
- All technical equipment can be provided.
- This course is holistically assessed throughout. "