OUTREACH RESCUE



WATER & FLOOD COMPLEX ACCESS RESCUE TECHNICIAN RECERTIFICATION

Goal:

To refresh and re-establish competence for emergency responders in the advanced skills of water rescue, including rope systems, complex access, and technique limitations, enhancing their effectiveness and safety in challenging rescue scenarios.

Target group:

Personnel requiring recertification of their award who continue to need to execute complex water rescues beyond the scope of the Water Rescue Technician

Highlights:

- Comprehensive reassessment for advanced water rescue competencies.
- Emphasis on rope-over-water solutions for complex access incidents.
- Certification valid for 3 years, maintaining this advanced skillset.

Rope Over Water Rescue Recertification

Course length

26 hours (3 days)

Instructor

1:6

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Description

This physically demanding 3-day course provides update training and a reassessment of competence for those needing to recertify this award. The course refreshes the key skillsets of water rescue, such as in-water PPE, releasability, hydrology, rescue craft and water safety protocols, as well as the skills taken from rope rescue, including rope equipment and PPE, cableways, tensioned lines, reeve systems and stretchers. The course is predominantly practical, with an emphasis on scenario-based training.

Compliance:

BS 8454, Work at Height Regs
Builds on the skills of the DEFRA FRCO 2025 Mod 3 holder

Previous knowledge:

In-date Water Rescue Advanced Skills award (issued within 3 years)

Requirements:

Age 18+. Delegates must be fit for this physically demanding course requiring the ability to demonstrate all Water Rescue Technician (Mod 3) skillsets as well as Rope Operator skillsets.

Progression:

Recertification is recommended every 2 years by means of re-attending this course.

Theoretical elements:

- This is a predominantly practical course focused on scenario-based learning.
- Some basic legislative requirements are covered in classroom sessions.
- A course manual is issued.

Practical elements:

- Practical sessions will be conducted across a multitude of venues each offering new and challenging rescue scenarios requiring different advanced skillsets.
- Sessions will include equipment familiarisation, rope rescue skillsets, releasability in systems near water, task management, cableways, tethered craft, stretcher attachments, lowers and raises.
- All technical equipment can be provided.
- This course is holistically assessed throughout.