



# VEHICLES IN WATER RESCUE FOR WATER RESCUE TECHNICIANS

## Goal:

To enable delegates to plan and execute successful casualty rescues from various types of vehicles in water, implementing appropriate rescue methods and considering medical implications.

## Target group:

Water Rescue Technicians who want to be better prepared for responding to incidents involving vehicles in water.

## Highlights:

- Realistic vehicle-in-water rescue training with practical drills.
- Focus on hazard awareness, stabilisation, and safe casualty management.
- Expands on Water Rescue Technician (Mod 3) theory with practical application.



## Rescue from Vehicles in Water for DEFRA Mod 3



### Course length

15 hours (2 days)



### Instructor

1:7



### Period of validity

3 years



### Certification

Outreach Rescue Certificate of Achievement



### Venue

Pinkston White Water Centre- Glasgow. For bespoke courses, this can be delivered at other venues as booked by the customer.

## Description

The Rescue from Vehicles in Water course allows for the practical application of the skillsets that can only be covered in theory on the Water Rescue Technician course. The course re-caps on the basic theoretical knowledge in the classroom and then is predominantly focused on practical drills in executing the various rescue methods. This two-day version of the course utilises the full skillsets of a Water Rescue Technician (DEFRA Mod 3), including non-buoyant and buoyant rescue options (such as swim rescues and the use of sleds). These courses are delivered at suitable white water centres which allow a car to be placed in a controlled moving water environment. Delegates will learn hazard awareness relating to vehicles in water, methods of vehicle stabilisation, incident management, and casualty management. Following this training, delegates will have practical experience of rescuing from vehicles in water and will be far better prepared to safely respond to these incidents than the basic skillsets and awareness required at the Water Rescue Technician (Mod 3) level.

## Compliance:

Aligned with DEFRA water rescue standards for MOD 3

## Previous knowledge:

In-date DEFRA Mod 3 compliant award (issued within 3 years)

## Requirements:

Age 18+. Delegates must be fit for physical training requiring the delegates to be competent in all Water Rescue Technician (Mod 3) skillsets.

## Progression:

Recertification is recommended every 2 years by means of re-attending this course.

## Theoretical elements:

- Classroom sessions cover the basic theoretical elements, such as associated hazards of vehicles in water, incident management and planning.
- A course manual is issued.

## Practical elements:

- This course is predominantly practical, involving sessions demonstrating hydrological hazards and management, vehicle stabilisation techniques, safe vehicle access techniques (at Mod 3 level) and casualty extraction and management.
- This course is holistically assessed throughout.
- All specialist equipment is provided.