OUTREACH RESCUE




# ROPE RESCUE OPERATOR RECERTIFICATION

## Goal:

To re-establish delegates competence and to deliver refresher training to existing Rope Rescue Operators.

## Target group:

Personnel requiring recertification of their award who need to remain operational as Rope Rescue Operators

## Highlights:

- Accredited by the Institute of Search and Technical Rescue (INSTR).
- Experience thought-provoking training scenarios both indoor and outdoor.
- Provides reassurances of the maintenance of skills for Rope Rescue operations.

## Safe Work at Height & Rope Rescue Operator Recertification

## Course length

21 hours (3 days)

## Instructor

1:6

## Period of validity

3 years

## Certification

Outreach Rescue Certificate of Achievement

## Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

## Description

The Safe Work at Height & Rope Rescue Operator Recertification course provides an update and refresher training for existing Rope Rescue Operators. Any changes to best practice are covered, including the introduction of new equipment that is adopted within Rope Rescue. The training covers the basics of Rope Rescue Operator skillsets and is then largely scenario-based with scenarios selected to best represent challenges that delegates have faced in operation, with learning points and updates drawn from these scenarios. This is a physically demanding course, with a lot of time spent in rope systems. Successful delegates will have their competence re-established and their practice brought in line with current best practices, enabling them to continue operating as a Rope Rescue Operator.

## Compliance:

BS 8454, Work at Height Regulations, LOLER, PUWER, NFCC Draft Rope Team Type Level 3

## Previous knowledge:

In-date Rope Rescue Operator award (issued within 3 years)

## Requirements:

Age 18+. Delegates must be fit for physical training requiring the delegates to climb ropes and structures, and to haul on lines.

## Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course. Successful completion allows entry to: Rope Supervisor & Rope Rescue Operator Instructor Training

## Theoretical elements:

- Classroom sessions cover legal requirements, the theory of fall prevention and the hierarchy of safety systems, fall factors and hazard awareness.
- A written exam paper confirms learning.
- A course manual is issued.

## Practical elements:

- This course is predominantly practical, and includes teaching sessions and scenario based learning covering equipment usage (including numerous devices), knots and rigging, anchor selection and utilisation, work restraint, fall arrest systems, work positioning systems, ascending and descending lines, lowering and hauling systems for rescue, mechanical advantage, rescue systems, cableways and stretcher use.
- The course is holistically assessed throughout.
- All specialist equipment is provided.