

WATER & FLOOD RESCUE TECHNICIAN INSTRUCTOR TRAINING

Goal:

To provide the framework of instructional skills and associated knowledge and understanding to instruct others in the skillsets of the DEFRA Mod 3.

Target group:

Experienced and proficient Mod 3 award holders who wish to train personnel in the skillsets of the Water Rescue Technician (Mod 3).

Highlights:

- Instructor-level certification in Water Rescue Technician (Mod 3) techniques.
- Comprehensive coverage of training delivery, safety, and scenario-based instruction.
- Aligns with DEFRA FRCO 2025 Mod 3 and NFCC Rescue Boat Code standards.

Description

Water Rescue Technician Instructor Training (Mod 3 Level) is a comprehensive and demanding 5-day course aimed at experienced and proficient Mod 3 award holders who aspire to become instructors. This 5-day training course is followed by a consolidation period (of no more than 2 years), and then a 3-day assessment to qualify as a Water Technician Instructor. This training course covers instructional skills, training design, safety considerations, scenario evaluation, and compliance with DEFRA FRCO 2025 standards. Initially, delegates are equipped with the skillsets to deliver training in the water environment and then are given opportunities to deliver training sessions with constructive feedback. The course covers classroom-based learning and requires delegates to create and present classroom sessions to their peers. Practical teaching sessions are delivered by the delegates across all Mod 3 skill sets, which progress to delegates planning scenario-based training to draw out specific learning points. Delegates are given an action plan at the end of the course to prepare them for the 3-day assessment course, after which they can train others as Water Rescue Technicians and deliver CPD training in all the Mod 3 skillsets.

Compliance:

DEFRA FRCO 2025 Water Rescue Technician Mod 3 Instructor (training). NFCC Rescue Boat Code Mod 3 Instructor (training)

Previous knowledge:

In-date DEFRA Mod 3 compliant award, First Aid Award which includes Oxygen use (FREC 3 or equivalent), operational knowledge of operating as a Water Rescue Technician, working knowledge of DEFRA FRCO 2025

Requirements:

Age 18+. Delegates must be fit for this physically demanding course requiring the ability to demonstrate all Water Rescue Technician (Mod 3) skillsets with a high degree of competence.

Progression:

Delegates should attend the Water Rescue Technician Instructor Assessment/Reassessment within 2 years. It is not advised to book the assessment until completion of the training where an informed consolidation plan can be made to ensure preparedness. Completion of this training and subsequent assessment at Outreach Rescue satisfies Module 'Specialist Rescue Instructor (5087EXQ)' for the Diploma in Specialist Rescue and is worth 50 credits.

Theoretical elements:

- Classroom sessions cover training planning and delivery, the role of instructors, reviewing and assessing, risk assessing, lesson planning, teaching models and legislative considerations.
- Delegates are guided through the production of rescue plans, risk assessments and lesson plans.
- A course manual is issued.
- No summative assessment is conducted as this is purely a training course.

Practical elements:



DEFRA Mod 3 Instructor Training



Course length
34 hours (5 days)



Instructor
2:7



Period of validity
2 years

Certification

A certificate of attendance is provided. To qualify as an instructor, delegates must return for the Water Rescue Technician Instructor Assessment/Reassessment. Within 2 years.



Venue
Outreach Rescue, Tan-y-Bwlch Centre,
Llanllechid, Bangor, Gwynedd, North
Wales LL57 3HY

- Practical sessions involve putting the theoretical knowledge into practice, with additional input including; group management, dynamic risk assessing, observing and delivering feedback, rescuing delegates in difficulty, delivering practical teaching sessions to peers, delivering training and assessment scenarios to draw out learning outcomes.

- Specialist equipment is provided. There is no summative assessment, though formative assessments will be conducted and delegates will be debriefed and guided through an action plan on completion.