OUTREACH
RESCUE



ROPE RESCUE SUPERVISOR RECERTIFICATION

Goal:

To re-establish competence in safe work at height and rope rescue, ensuring Rope Rescue Supervisors can effectively supervise rope rescue operations and comply with relevant regulations and safety standards.

Target group:

Rope Rescue Supervisors approaching their award expiry or requiring refresher training.

Highlights:

- Refreshes supervisory skills to ensure safe and effective oversight of rope rescue teams.
- Covers latest updates in rescue techniques, equipment application, and risk management.
- Delegates are challenged with demanding and complex scenario based training.

Rope Rescue Supervisor Recertification

Course length

21 hours (3 days)

Instructor

1:6

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Description

The Rope Rescue Supervisor Recertification course provides an update and refresher training for existing Rope Rescue Supervisors. Any changes to best practice are covered, including the introduction of new equipment that is adopted within Rope Rescue. The training covers the advanced technical skills of the Rope Rescue Supervisor and focuses largely on scenario-based learning with scenarios selected to best represent challenges that delegates have faced in operation, with learning points and updates drawn from these scenarios. This is a physically demanding course, with a lot of time spent in rope systems. Successful delegates will have their competence re-established and their practice brought in line with current best practices, enabling them to continue supervising Rope Rescue operations.

Compliance:

BS 8454, Work at Height Regulations, LOLER, PUWER, NFCC Draft Rope Team Type Level 3+

Previous knowledge:

In-date Rope Rescue Supervisor award (issued within 3 years) OR equivalent award if wanting to transfer to the Outreach Rescue award scheme, contact the office for details.

Requirements:

Age 18+. Delegates must be fit for physical training and be proficient and experienced in all the skillsets of the Rope Rescue Supervisor.

Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course. Successful completion allows entry to: Rope Instructor Assessment

Theoretical elements:

- Classroom sessions cover risk assessing, devising method statements for rescue, rescue plans for rescuing of peers and the qualities of a good supervisor.
- Risk assessments, method statements and rescue plans must be produced by the delegates, these written works are assessed.
- A course manual is issued.

Practical elements:

- This predominantly practical course first re-caps on the key personal skillsets of the Rope Supervisor and then progresses to scenario-based tasks.
- Throughout these exercises delegates will focus on the effects of forces, system height, deviations, friction, edge protection, rope stretch plus more.
- Advanced systems include reeve systems, cross hauls, lead climbing, lifelines, complex anchor systems, stretcher edge transitions and management.
- The course is holistically assessed throughout with an emphasis on when delegates direct the complex rescue operations.
- All specialist equipment is provided. "