



RESCUE CRAFT PADDLING INSTRUCTOR MODULE

Goal:

To provide delegates with the knowledge and skills to effectively manage rescue craft paddling training and simulations, assess risks, demonstrate paddle skills, and evaluate delegate performance in water rescue operations.

Target group:

Personnel experienced in rescue paddle craft usage and training delivery seeking to enhance instructional abilities.

Highlights:

- Refined instructional capabilities for the intricacies of paddling techniques.
- Introduces craft-based student rescue techniques.
- The course is mostly spent on the water with an emphasis on practical training throughout.

Description

The Rescue Craft Paddling Instructor course is tailored for experienced personnel proficient in rescue paddle craft usage and training delivery. This award moves beyond more traditional instructional methods and focuses on individualised coaching to achieve the desired outcomes. Delegates learn about training hazards and management, group management including backup options, coaching principles, specifics of coaching paddle skills, dealing with delegates in distress and delegate recovery and advanced capsize management. A high standard is demanded of instructors throughout this course, which is assessed holistically throughout. Upon completion, instructors holding this award will be far more competent in delivering Rescue Craft Paddling skills to their delegates, and will have an enhanced coaching knowledge applicable to other instructional avenues they operate in.

Compliance:

Builds on the skills of the DEFRA FRCO 2025 Mod 3 holder

Previous knowledge:

In-date DEFRA Mod 3 Instructors Award AND In-date Rescue Craft Paddling Skills Award (issued within 3 years)

Requirements:

Age 18+. Delegates must be fit for this physically demanding course involving several hours a day paddling a craft. It is essential to be highly competent in the manoeuvring of Rescue Paddle Craft and an experienced instructor as this course demands high performance throughout.

Progression:

Recertification is recommended every 2 years by means of re-attending this course.

Theoretical elements:

- Classroom sessions introduce some coaching theory building on existing knowledge.

Practical elements:

- This course is predominantly practical, involving coaching sessions from the trainer, and then giving delegates opportunities to coach their peers, requiring selection of venues, activities and instructional and coaching techniques to achieve the desired outcomes.
- All technical equipment can be provided.
- This course is holistically assessed throughout.

Rescue Craft Paddling Skills Instructor

Course length

15 hours (2 days)

Instructor

1:4

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre,
Llanllechid, Bangor, Gwynedd, North
Wales LL57 3HY