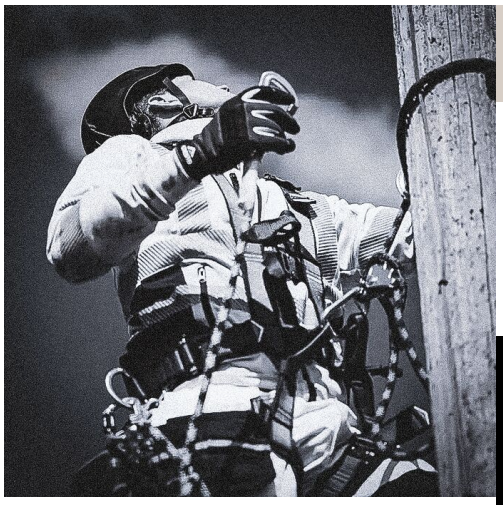
OUTREACH
RESCUE



POLE TOP RESCUE

Goal:

To develop participants' skills in performing pole top rescues using safe and effective techniques.

Target group:

Utility and overhead line contractors, pole top rescue equipment users.
CITB-registered employers can claim grant funding for this training.

Highlights:

- Complies with Work at Height Regulations for rescue planning.
- Focuses on practical rescue techniques for pole-top rescues.
- "Train The Trainer": Instructor Training is also available for experienced delegates.

Utility Pole Rescue Training

Course length

8 hours (1 day)

Instructor

1:6

Period of validity

3 years

Certification

Digital Outreach Rescue certificate of achievement.

Venue

Raglan, Clytha, Usk, Monmouthshire, NP15 2BQ or client venues with suitable training facilities.

Description

Pole Top Rescue trains utility and overhead line workers to conduct emergency rescues for individuals suspended on wooden poles. In line with the Working at Height Regulations 2005, this course provides essential knowledge on safe equipment use, anchor selection, and casualty handling. Delegates will practice real-world rescue scenarios using pole rescue equipment, covering safety management, suspension trauma reduction, and casualty recovery.

Compliance:

Working at Height Regulations 2005

Previous knowledge:

Participants must have a valid and in-date certification in Work at Height or an equivalent recognised course.

Requirements:

Aged 18+. Delegates must be medically fit, and physically able to complete practical tasks.

Progression:

Refresher training every 3 years. Optional "Train The Trainer" Instructor certification is also available.

Theoretical elements:

– Working at Height legislation and requirements
– Hazard and risk identification for pole-top rescues
– Rescue equipment selection and assembly

Practical elements:

– Climbing and anchor point selection
– Pole-top casualty handling and safe descent
– Suspension trauma management and casualty recovery techniques