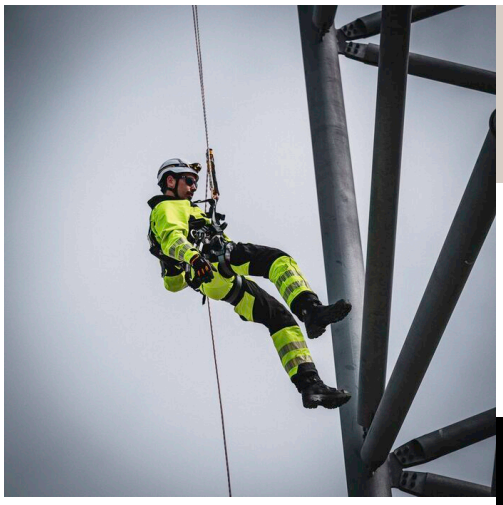
OUTREACH
RESCUE



TOWER RESCUE "TRAIN THE TRAINER", INSTRUCTOR

Goal:

To certify trainers capable of teaching safe and compliant tower rescue procedures to their teams.

Target group:

Industrial, Telecoms, and Utility personnel responsible for teaching tower rescue techniques to colleagues working at height on industrial towers and masts.

Highlights:

- Enables industry personnel to conduct in-house tower rescue training.
- Includes practical skills in equipment inspection and casualty management.
- Combines practical and instructional assessments for certification.

Description

The Tower Rescue "Train the Trainer" Instructor course prepares personnel tasked with instructing others in performing safe rescues from industrial towers and masts. Participants will learn essential rescue techniques, equipment inspection, and compliance with Working at Height Regulations. The course covers the setup, maintenance, and use of tower rescue equipment, alongside casualty handling and suspension trauma management. Practical and teaching assessments are included to ensure trainers are competent and confident to deliver effective in-house tower rescue training.

Industrial Tower Rescue Instructor Training

Course length

8 hours (1 day)

Instructor

1:6

Period of validity

1 year

Certification

Digital Outreach Rescue “Train the Trainer” certificate of achievement.

Venue

Raglan, Clytha, Usk, Monmouthshire, NP15 2BQ or appropriate location with tower or mast setup.

Compliance:

Working at Height Regulations 2005

Previous knowledge:

Delegates must hold a valid and in-date Tower Rescue certification.

Requirements:

Aged 18+. Delegates must be medically fit, and able to complete practical assessments.

Progression:

Annual refresher training is required to maintain trainer certification.

Theoretical elements:

– Working at Height (WAHR) regulations and tower rescue requirements
– Overview of tower rescue equipment and inspection protocols
– Risk assessment and selection of suitable anchor points

Practical elements:

– Practical application of tower rescue techniques and casualty handling
– Hands-on training in equipment assembly and dismantling
– Teaching and assessment demonstration for effective training delivery