

GWO SEA SURVIVAL, REFRESHER

Goal:

To refresh and reinforce participants' knowledge and skills in offshore survival techniques, ensuring safety during operations and emergencies.

Target group:

Personnel working offshore who require GWO Sea Survival certification renewal to maintain competence and compliance.

CITB-registered employers can claim grant funding for this training.

Highlights:

- Refreshes essential survival skills for offshore environments.
- Updates participants on the latest safety techniques and standards.
- Combines practical exercises with theoretical review for continued readiness.

Description

The GWO Sea Survival Refresher (SSR) course is designed to maintain and update participants' skills for handling offshore emergencies. This training reinforces knowledge of critical survival techniques, including managing cold water immersion, using life-saving appliances, and performing vessel-to-turbine transfers. Practical exercises simulate real-life offshore scenarios, ensuring participants remain prepared for emergencies while adhering to the latest safety standards. The course ensures readiness for safe offshore operations and compliance with GWO guidelines.

Compliance:

Global Wind Organisation

Previous knowledge:

All participants must have previously attended a Sea Survival and working at height safety course and be able to perform comprehensive basic rescue from height.

Requirements:

Participants must hold a valid and in-date GWO Sea Survival certificate.

Progression:

Supports continued certification and access to roles requiring offshore safety training.

Theoretical elements:

- Review of cold water immersion risks and survival strategies.
- Refresher on life-saving appliances (LSA) and personal protective equipment (PPE).
- Updates on search and rescue (SAR) and emergency communication protocols.

Practical elements:

- Water entry and self-rescue techniques.
- Use of life rafts and survival equipment.
- Safe vessel-to-turbine transfers and simulated offshore emergency scenarios.

 **GWO SS Refresher,
Global Wind Industry**

Course length

8 hours (1 day)



Instructor

1:6



Period of validity

2 years



Certification

GWO Sea Survival Certificate



Venue

Cardiff International White Water,
Watkiss Way, Cardiff CF11 0SY