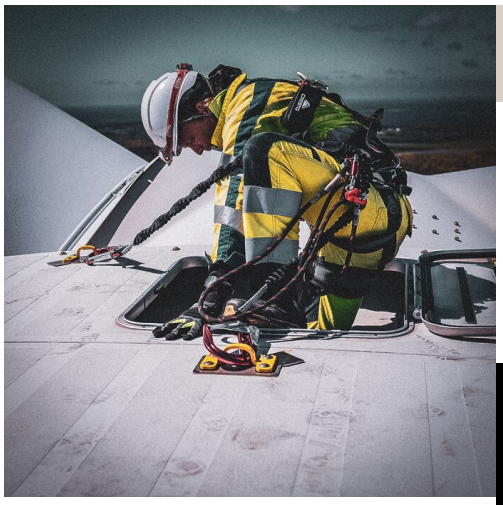
OUTREACH
RESCUE



GWO MANUAL HANDLING REFRESHER

Goal:

To refresh participants' knowledge and skills in manual handling, ensuring they can continue to work safely and effectively while reducing injury risks.

Target group:

Individuals in the wind industry whose GWO Manual Handling certification is due for renewal. CITB-registered employers can claim grant funding for this training.

Highlights:

- Refreshes essential manual handling skills, ensuring continued compliance with GWO standards.
- Incorporates the latest safety updates and best practices for the wind industry.
- Combines theoretical review with practical reinforcement for ongoing competence.

GWO Manual Handling Refresher (BSTR)

Course length

4 hours (1/2 day)

Instructor

1:6

Period of validity

2 years

Certification

GWO Manual Handling Refresher Certificate

Venue

Lower Ty Newydd, Clytha, Raglan, Monmouthshire Wales, NP15 2BQ

Description

The GWO Manual Handling Refresher course ensures participants remain proficient in applying safe manual handling principles within the wind industry. This module reinforces critical skills and updates participants on the latest safety practices to mitigate musculoskeletal injury risks. The training combines theoretical instruction and practical exercises tailored to wind industry tasks, including dynamic risk assessments, ergonomics, and proper handling techniques. Participants will review and practice essential principles to sustain their competence in safe manual handling.

Compliance:

Global Wind Organisation

Previous knowledge:

Valid and in-date GWO Manual Handling certificate.

Requirements:

Participants must hold a valid GWO Manual Handling certificate and meet the GWO fitness requirements for practical activities.

Progression:

Participants may progress to modules in other GWO safety areas, such as Working at Heights or Fire Awareness.

Theoretical elements:

– Review of manual handling risks and prevention strategies.
– Updates on the latest industry safety standards and practices.
– Recap of the TILE principle and its application.

Practical elements:

– Hands-on practice in safe manual handling techniques, including lifting, carrying, pushing, and pulling.
– Dynamic risk assessments for common tasks in wind turbine environments.
– Scenario-based exercises to reinforce correct manual handling practices.