OUTREACH RESCUE



# HIGH-RISK CONFINED SPACE ENTRY

## Goal:

The aim of this unit is to reflect the national occupational standard for a High-Risk Confined Space environment. This unit covers both the water and non-water industry areas.

## Target group:

This course is for personnel with no existing Confined Space knowledge who are required to work in a High-Risk Confined Space environment where they will be overseen by a qualified entry controller. CITB-registered employers can claim grant funding for this training.

## Highlights:

- Understand legislation to know what defines a confined space and how they are classified.
- Practical training focused on identifying and understanding the risks and associated control measures.
- Hands on training with gas monitors and numerous wears of breathing apparatus to become familiar with the use of this critical equipment.

## Working in High-Risk Confined Spaces City & Guilds Level 2 Award 6160-03

## Course length

24 hours (3 days)

## Instructor

1:7

## Period of validity

3 years

## Certification

City & Guilds certification is available for an additional fee or an Outreach Rescue Certificate of Achievement issued

## Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

## Description

This course equips delegates with the knowledge to identify and classify high-risk Confined Spaces (meeting definitions of National Classifications 2 & 3), to enter safely and follow safe systems of work. Delegates learn the legal requirements of working in Confined Spaces, learn about safe tool and equipment usage, learn about emergency plans, understand standard protocols for high-risk Confined Space working, learn about atmospheric hazards and gas monitoring, use of self-contained breathing apparatus and emergency breathing apparatus, vertical access techniques involving work at height PPE and winches, and how to record essential details of Confined Space working. This course contains a lot of theory essential for safe working in these environments, and a written test paper is issued to confirm learning. Following completion, delegates will be qualified to work in NC1-4 & 4X high-risk Confined Spaces.

## Compliance:

Confined Space Regulations 1997, National Occupational Standards for Working in Confined Spaces – EUSCS03

## Previous knowledge:

No previous knowledge or experience required.

## Requirements:

Age 18+ and must be clean shaven each morning for Breathing Apparatus use. Participants must be fit for training including ladder climbs and moving through enclosed spaces (crawling is required for short distances) whilst wearing a bulky circa 15kg BA set

## Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course. This course is a prerequisite for advanced Confined Space courses, including: 6160-05 Supervising Teams, 6160-08 Member of Rescue and Recovery Team, 6160-07 Director of Rescue and Recovery Team

## Theoretical elements:

- This course contains classroom sessions covering legal responsibilities, Confined Space classifications, risk assessment and mitigation, atmospheric monitoring, ventilation, emergency procedures and safe systems of work.
- A course manual is issued.
- A written paper is issued which is assessed.

## Practical elements:

- Practical sessions will include familiarisation with self-contained breathing apparatus as well as Emergency Breathing apparatus, using harnesses, tripods, winches and davit arms.
-The theoretical knowledge is put into play through delegates completing work tasks in a number of High-Risk (NC4 and 4X) Confined Spaces.
- Toe-capped boots and overalls are a requirement.
- All specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.