OUTREACH RESCUE



SWAH INSTRUCTOR

Goal:

To equip personnel with the knowledge and skills to train and assess others in Safe Work at Height techniques and the use of typical rescue packs.

Target group:

Emergency services personnel and organisational staff aiming to deliver training at the Safe Work at Height and Basic Rescue award level.

Highlights:

- Develops key skills in delivering comprehensive SWAH and Basic Rescue training programmes.
- Combines practical teaching experience with risk assessment and rescue plan development.
- Enables successful delegates to deliver Safe Work at Height & basic Rescue training within their organisation.

Safe Work at Height & Basic Rescue Instructor

Course length

36 hours (5 days)

Instructor

1:6

Period of validity

3 years

Certification

Outreach Rescue Certificate of Achievement

Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Description

This combined training and assessment course is a demanding 5-day instructional programme aimed at experienced and proficient Safe Work at Height & Basic Rescue operators who aspire to train others in these skillsets. This course covers instructional skills, training design, safety considerations, scenario evaluation, and legal compliance with Working at Height. Initially, delegates are equipped with the skillsets to deliver training sessions in Safe Work at Height & Basic Rescue, and then are given opportunities to deliver training sessions with constructive feedback. The course covers classroom-based learning and requires delegates to create and present classroom sessions to their peers. Practical teaching sessions are delivered by the delegates across all the associated skill sets, which progress to delegates planning scenario-based training to draw out specific learning points. Following successful completion, delegates can deliver comprehensive training in Safe Work at Height & the use of typical rescue packs.

Compliance:

BS 8454, Work at Height Regulations, LOLER, PUWER, NFCC Draft Rope Team Type Level 2

Previous knowledge:

In-date Safe Work at Height & Basic Rescue award (or higher, e.g. Rope Rescue Operator) (issued within 3 years), experience of Safe Work at Height & the use of Rescue Packs

Requirements:

Age 18+. Delegates must be fit for this physically demanding course requiring the ability to demonstrate all Safe Work at Height and Basic Rescue skillsets with a high degree of competence.

Progression:

Recertification & Refresher training is recommended every 2 years by means of attending the 3-day Safe Work at Height & basic Rescue Recertification course.

Theoretical elements:

- Classroom sessions cover training planning and delivery, the role of instructors, reviewing and assessing, risk assessing, lesson planning, teaching models and legislative considerations.
- Delegates must produce training rescue plans, risk assessments and lesson plans which are assessed.
- A course manual is issued.
- A written paper confirms learning.

Practical elements:

- Practical sessions involve delegates delivering training sessions to peers, assessing peers abilities, creating and delivering training scenarios to draw out specific learning outcomes.
- Delegates must demonstrate the use of rescue packs for rescuing a delegate in difficulty.
- Specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.