OUTREACH
RESCUE



# FIRST RESPONSE EMERGENCY AND URGENT CARE, LEVEL 5 (FREUC 5)

## Goal:

To develop advanced clinical, technical, and decision-making skills necessary for managing complex emergencies and providing high-quality care in prehospital environments.

## Target group:

This qualification is designed for individuals responsible for providing out-of-hospital emergency and urgent care, and supporting healthcare professionals. FREUC5 Associate Practitioners operate in various emergency care settings, delivering compassionate, high-quality care. Their duties include responding to 999/112 and urgent calls, and providing assistance to sick and injured patients as part of a team or independently.
Serving or ex-military? Use ELCAS to help fund this course.

## Highlights:

- Comprehensive training aligned with the Skills for Health Career Framework and Faculty of Pre-Hospital Care standards.
- Requires 750 hours of clinical practice placement in emergency and urgent care settings. This is not provided as part of this training.
- Supports career advancement towards paramedic or specialist emergency care roles.

## Description

Qualsafe Level 5 Diploma in First Response Emergency and Urgent Care (RQF) is designed to equip participants with advanced clinical skills, knowledge, and professional competencies in out-of-hospital emergency care settings. Recognised by emergency services, this course builds on Level 4 FREC and integrates theoretical knowledge with extensive clinical practice, including 750 placement hours. It is the sole responsibility of each participant to gain access to and carry out this clinical experience.

The FREUC 5 qualification supports progression to paramedic roles and specialist positions within the NHS, military, fire, and police services. It combines academic rigour with practical application, covering advanced patient assessments, critical decision-making, ECG interpretation, airway management, and care pathways for diverse medical emergencies.

## Qualsafe First Response Emergency and Urgent Care, L5 (FREUC5)

## Instructor

1:6

## Period of validity

CPD Required

## Certification

Qualsafe Level 5 Diploma in First Response Emergency and Urgent Care (RQF)

## Venue

Llanllechid, Bangor, Gwynedd, North Wales, LL57 3HY. Please contact us to discuss the possibility of delivering this course at your premises.

## Medic Skills

24 days (186 hours), plus 908 guided learning hours (including 750 clinical placement hours)

## Compliance:

This qualification forms part of the QA Prehospital Care suite of qualifications. The qualification and learning outcomes are based on the recommendations of: Resuscitation Council (UK), Skill for Health Career Framework, East Midlands Ambulance Service NHS Trust, Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence , The Royal College of Surgeons of Edinburgh – Faculty of Pre-Hospital Care (FPHC)

## Previous knowledge:

Completion of Level 4 FREC and documented CPD, including Immediate Life Support revalidation. Participants must also provide evidence of continuing professional development covering FREC3 and FREC4 content including annual revalidation of Immediate Life Support (ILS).

## Requirements:

– Learners must be 18 years or older.
– Valid Level 4 FREC certification.
– Learners are responsible for arranging to undertake 750 clinical practice placement hours

## Progression:

This qualification may be used towards other clinical qualifications at the same and higher levels. This may aid career progression in a relevant profession such as a registered healthcare professional, and be used as a springboard to become a paramedic. It may also provide a stepping stone into specialist medical roles within the military, emergency services and industry

## Theoretical elements:

– Advanced clinical assessment and decision-making.
– Principles of evidence-based practice.

– Human factors in emergency care environments.
– Development of reflective practice and CPD portfolios.

## Practical elements:

– Advanced airway management, including supraglottic device insertion.
– Acquisition and interpretation of 12-lead ECGs.
– Trauma management, including spinal immobilisation and haemorrhage control.
– Immediate life support for adults, paediatrics, and newborns.