

# PPE INSPECTION COMPETENT PERSON

## Goal:

To equip personnel with the knowledge and skills to inspect a broad variety of PPE, make an informed judgment of its condition and record findings.

## Target group:

Any personnel required to inspect a broad range of PPE relating to work at height, including: Textiles (harnesses, lanyards, slings, rope, energy absorbers), Hardware (connectors, devices, pulleys, wire strops) and helmets. Delegates can choose the categories relevant to their workplace or do all categories.

CITB-registered employers can claim grant funding for this training.

## Highlights:

- Develops essential skills in PPE inspection, damage identification, and safety assessment.
- Covers legal and regulatory compliance for PPE in work at height applications.
- Hands-on training with extensive practical examination of diverse PPE items.

## Description

This course equips delegates with the knowledge and skills to conduct pre-use and routine PPE inspections of non-complex work at height PPE and equipment. Non-complex includes items that do not require specific servicing procedures (such as winches, constant rate descenders, powered ascenders, self-retracting-lanyards).

Common Work at Height PPE is included, such as: Harnesses, helmets, carabiners, wire strops, textile slings, ropes, energy absorbers, lanyards, and simple devices (such as pulleys, belay devices, rope grabs etc.)

This training ensures attendees are aware of their legal responsibilities, basic usage of the PPE, inspection frequency, methods of inspection, fault types and means of storage, quarantine and disposal of good and defective PPE.

The training component will include getting hands-on with over 80 items in various conditions, to see a diverse range of faults in a diverse variety of equipment.

The assessment is comprised of a generic knowledge-based multi-choice exam, and then a choice of up to 6 modules: Helmets, Harnesses, Slings and Connectors, Lanyards, Rope, and Devices.

The delegate must inspect numerous items in each category in detail to make safe verdicts with sound reasoning to pass. This course demands diligence and an eye for detail and the ability to follow systematic inspection processes from participants to be successful.

## Compliance:

BS 8437:2022 Section 13, WAHSA (Work at Height Safety Association), PPE Regs, LOLER, PUWER, Work at Height Regs

## Previous knowledge:

There is an expectation stated in the Work at Height regs that to be a 'competent person' for PPE inspections, the user must be familiar with the equipment they inspect. Experience with Work at Height PPE is therefore essential.

## Requirements:

Age 18+ . This course requires discipline and diligence in order to follow the systematic processes introduced for equipment inspection.


## Progression:

Recertification is recommended every 2 years by means of re-attending this 1 day course.

## Theoretical elements:

- This course is classroom based involving presentations followed by extensive hand's on inspection of over 80 items of equipment.
- Presentation materials covers the legal responsibilities.
- A short multi-choice written exam confirms theoretical knowledge.

## Practical elements:



### PPE Inspection Competent Person



### Course length

8 hours (1 day)



### Instructor

1:6



### Period of validity

3 years



### Certification

Outreach Rescue Certificate of  
Achievement



### Venue

Outreach Rescue, Tan-y-Bwlch Centre,  
Llanllechid, Bangor, Gwynedd, North  
Wales LL57 3HY

- The course is predominantly practical, involving getting hands on experience of inspecting numerous items of PPE, divided into 6 categories:

1. Helmets

2. Harnesses

3. Slings and Connectors

4. Lanyards (for fall arrest and work restraint & positioning)

5. Rope

6. Devices (belay devices, fall arrest devices, pulleys, rope grabs etc)

- The course culminates with an assessment for each of the 6 categories above where attendees must inspect a number of items and correctly record their findings.