

# EQUIPMENT INSTRUCTOR TRAINING: POLE CHOKE "TRAIN THE TRAINER"

## Goal:

To certify trainers in delivering effective and compliant choke strap training programmes.

## Target group:

Experienced Safe Working At Height trainers or supervisors seeking instructor certification for choke strap training.

## Highlights:

- Empowers trainers to deliver certified Chokestrap Pole Choke training.
- Includes instructional techniques tailored to fall arrest and work positioning equipment.
- Prepares trainers to assess and validate user competency.

## Description

This "Train the Trainer" Instructor course provides in-depth instruction for experienced height safety professionals who wish to teach others how to use and maintain the choke strap pole choke. Participants will learn how to deliver comprehensive training sessions covering equipment operation, inspection, and maintenance. The course includes modules on instructional techniques, risk assessment for training scenarios, and ensuring compliance with UK Safe Working At Height standards. Designed for qualified trainers, the programme enhances instructional skills while ensuring participants can train end-users to safely operate the choke strap system.

## Compliance:

Aligned with Work at Height Regulations 2005

## Previous knowledge:

Participants must hold a recognised Safe Working at Heights Instructor certification and have prior experience with height safety equipment.

## Requirements:

Participants must be able to demonstrate competence in height safety operations and be certified to deliver practical and theoretical Working At Height training sessions.

## Progression:

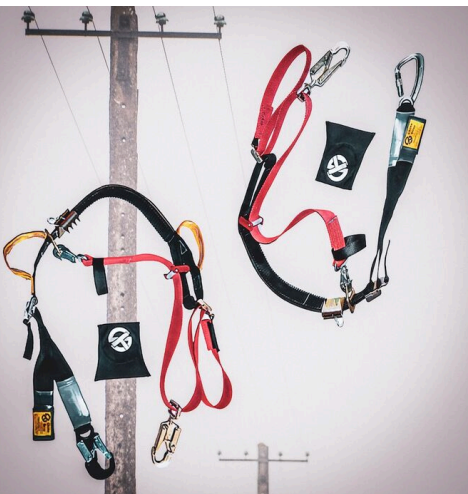
Opportunities to train in additional fall arrest systems and advanced instructional methods.

## Theoretical elements:

- Adult learning principles and effective teaching methods.
- Understanding safety standards and compliance requirements.
- Risk assessment for training scenarios involving fall arrest systems.

## Practical elements:

- Conducting training simulations with choke straps.
- Assessing user performance and providing corrective feedback.
- Developing bespoke training materials for client-specific needs.




## Chokestrap Pole Choke, Instructor Training

 **Course length**  
8 hours (1 day)

 **Instructor**  
1:6

 **Period of validity**  
1 year

 **Certification**  
Digital Outreach Rescue certificate of achievement.

 **Venue**  
Raglan, Monmouthshire, NP15 2BQ